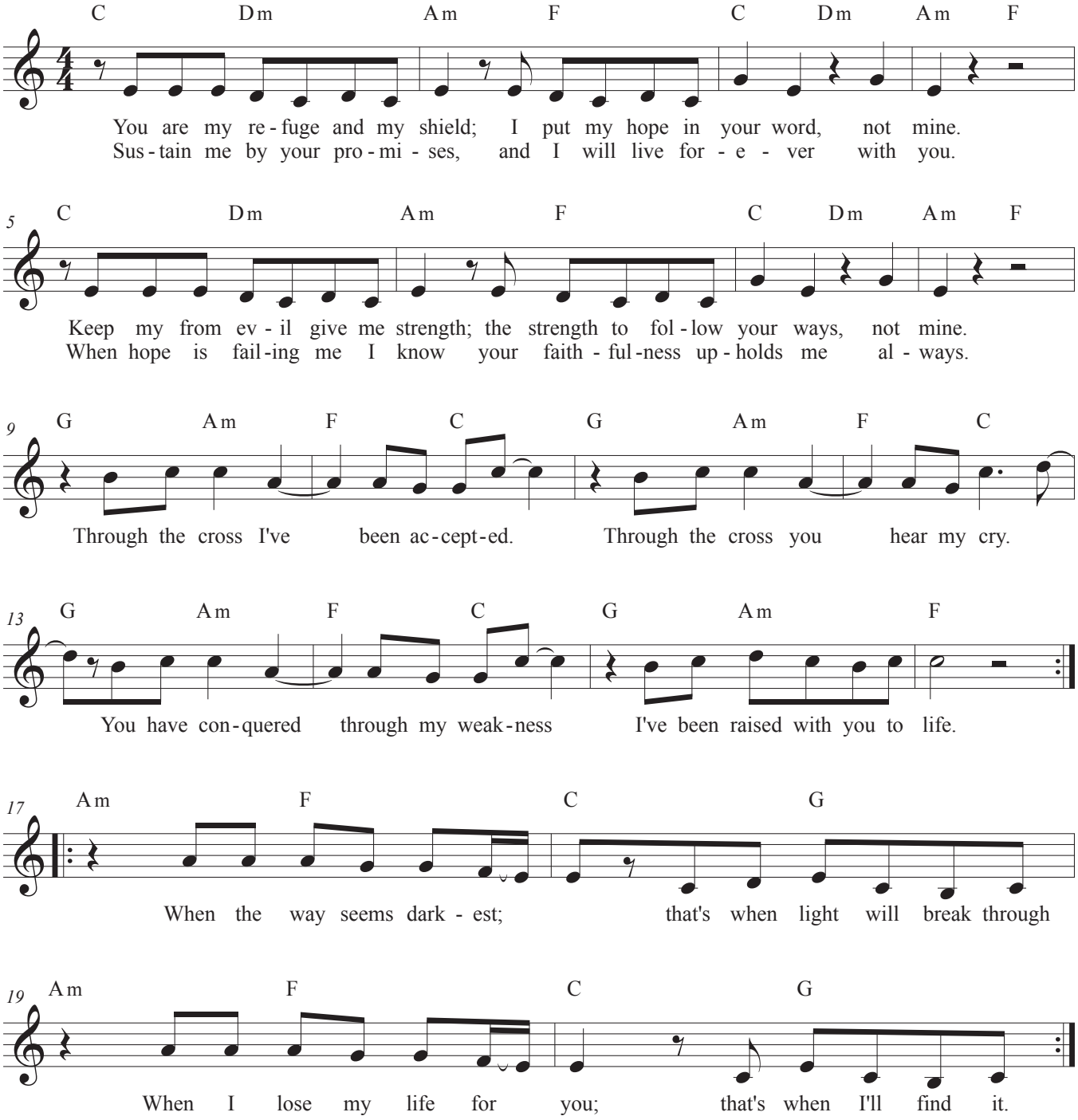Through The Cross