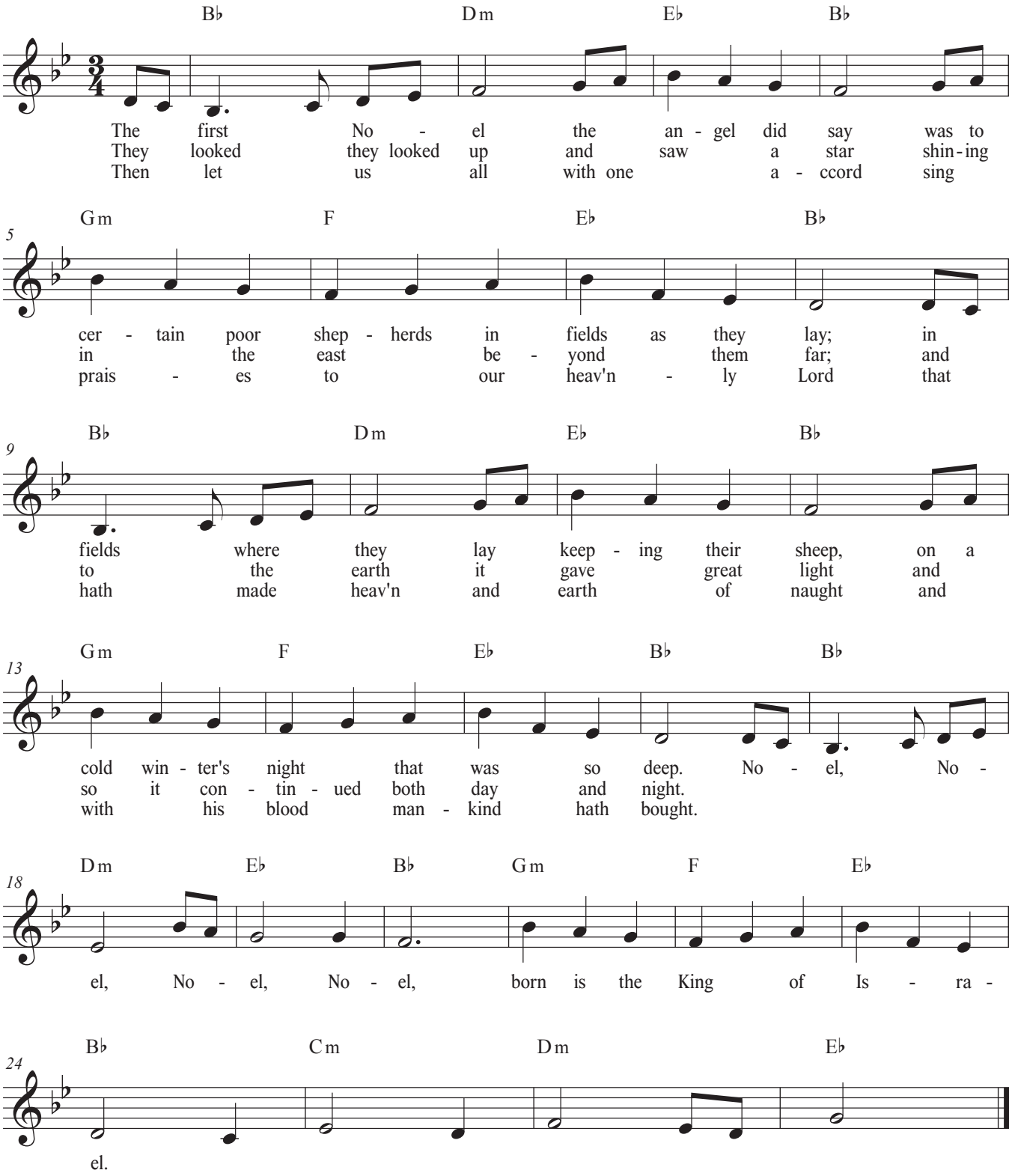The First Noel